

Sherwood Grange Public School

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Our focus is on EVERY CHILD

December 2020

From the Principal

Dear School Community,

A message to all students

You should all be proud of your many academic, social, creative and sporting achievements throughout this very unusual year. It is a pleasure and an honour to be the principal of your school. I think I have the best job in the world!

Remember to stay safe and make good choices so that you come back to school happy and well in 2021.

Term 1 School Development Days

Staff will be back at work on Wednesday 27th and Thursday 28th January for two days of professional learning and planning. These are sometimes referred to as "pupil free days".

Return date for students

Next year students from Years 1-6 will return on **Friday 29th January 2021**. Students will remain in their 2020 classes for the first week or so while we confirm enrolment numbers and finalise our 2021 class lists.

Kindergarten

This year we have been unable to run our normal Kindergarten Preparation Program due to COVID-19 restrictions.

Next year **Kindergarten students will start school on Monday 1st February** and the week will be called "Orientation Week". I look forward to seeing their smiling faces and welcoming them to our school.

Farewell Year 6



On behalf of the school community I would like to wish all Year 6 students good luck, good health and good fortune for the future.

It has been a pleasure watching you all grow academically, physically and socially over the last seven years.

You are ready for an exciting new chapter in your life, high school. I encourage you to take your Sherwood Grange values with you, aim high and follow your dreams.

Season's Greetings

I would like to wish you all the very best for the Festive Season. Have a wonderful summer holiday everyone.

Children ... have fun, stay safe and remember to be kind.

I look forward to working with you all in 2021.

Kind regards,

HAPPY NEW YEAR



Vicki Robertson
Principal

Upcoming Events

Term 4 Week 10 2020

Monday 14/12	Year 6 Farewell Party
Tuesday 15/12	End of Year Celebration Day at school
Wednesday 16/12	Last day for students
Thursday 17/12	Staff Development Day

Professional Learning

Teacher engage in professional learning on an ongoing basis. At Sherwood Grange Wednesday afternoons are set aside for weekly professional development after school. In addition, staff have engaged in two extended afternoon/evening professional learning sessions.

On Wednesday 1st April, teachers remained at school until 6:15pm for their first *Twilight Professional Learning*. On Wednesday 26th August we conducted our second Twilight Learning session. During these evenings teachers participated in a range of sessions on student needs and the development of a wide range of evidence-based practices designed to increase student engagement and achievement.

Teachers will engage in a full day of professional learning on Thursday 17th December. The school will be non-operational on Friday 18th December.

Hats for Sale

Please remember our Sun Safety Rule:

NO HAT NO PLAY

The Administration Office has school hats which can be purchased.

School Bucket Hats cost \$15 (Compulsory for Kindergarten, Year 1, 2, 3 & 4 in 2021).

School Caps cost \$12 (In 2021 Year 5-6 students can wear a cap, but for Sun Safety reasons we encourage the bucket style when purchasing a replacement).

Please bring the correct money if you or your child would like to purchase a hat.

Courtesy to neighbours

Just a reminder to please be aware of the needs of our neighbours in the streets surrounding our school.

We do share the streets with people who need to gain access to their homes and are often ringing to advise us that parents are parked across their driveways at pick up or drop off times. Please be extra careful where you park and show consideration to our neighbours.



Safety Spotlight

Children,

Make good choices during the holidays so that you come back to school safe and well.



Always wear a helmet when riding a bike.



Cross roads carefully using a crossing or traffic lights if you can.



Wear your seat belt.



Always think before you act.

Message from Miss Reinhard



To all my friends at Sherwood,

Thank you for the love, generosity and support you have been sending me. I feel truly blessed to be a part of the Sherwood family.

Love

Miss Reinhard

Samaritan's Purse Donations

SAMARITAN'S PURSE®
CHRISTMAS

Thank you to the many families who donated to this worthy cause as part of our Student Representative Council (SRC) fundraising for Semester 2. Over \$1200 was raised and will be donating towards the following gifts, as chosen by our students.

Feed a hungry baby



When new mothers learn that they are expecting a baby, they should be filled with joy. But for women in poverty, that joy is dampened by worry about having another mouth to feed. These little ones are especially at risk of malnourishment, which can lead to stunted growth, infections and even death. Samaritan's Purse is providing nutritious food for desperately hungry children and offering therapeutic care for little ones who are already malnourished. Just \$9 covers the cost of one week of food for a baby.

Help a poor farming family



In countries like Bolivia, Haiti and Kenya, Samaritan's Purse is equipping farmers with tools, seeds and training to ensure they reap a fruitful harvest. For \$55, you can provide a farming family with these resources.

Give a dairy goat



Goats were vital in Biblical days to provide nutrient-rich milk, and they are just as important today for families living in countries like Kenya or Vietnam. Just one goat can produce enough milk each week to sustain a family, with plenty left to sell at a local market. For a gift of \$70, you can supply a goat or other dairy animal to a family in need.

Hot meals for a child



When a child is hungry, it's hard for them to concentrate on their studies – or anything but their rumbling stomachs. Samaritan's Purse is working in countries like Bolivia and the Philippines to give school children a hot, nutritious lunch. For some boys and girls, it is the only full meal they eat all day. For \$7, you can provide a week's worth of hot meals to a child.

Bring Clean Water to a Community



Dama awoke early to begin the four-hour trek to collect water. She could only carry one jug, so her family of nine carefully rationed the precious water. Survival depends on access to water, so Samaritan's Purse is working to bring water to communities that are stricken by drought, disaster or poverty. Your gift can help rehabilitate a broken well, install a rainwater storage system.

SAMARITAN'S PURSE®
CHRISTMAS

Anaphylaxis

The number of children with food allergies in Australia is increasing and it is estimated that 1 in 20 have a food allergy and 1 in 50 have a peanut allergy.



The most common food allergies are peanuts, tree nuts (walnuts, almonds, and cashews), cow's milk, soy, seafood and eggs.

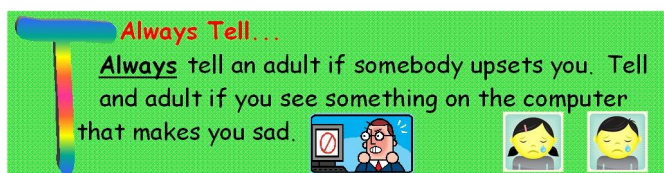
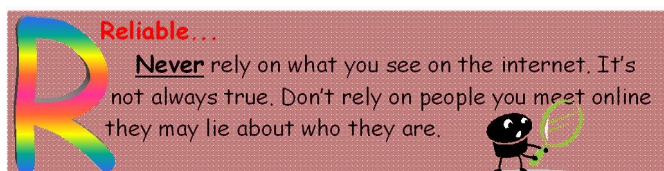
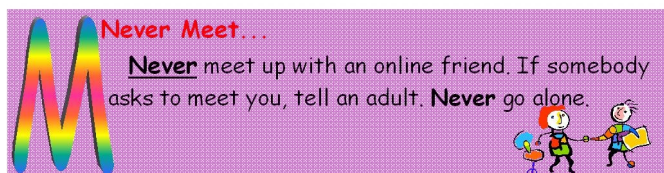
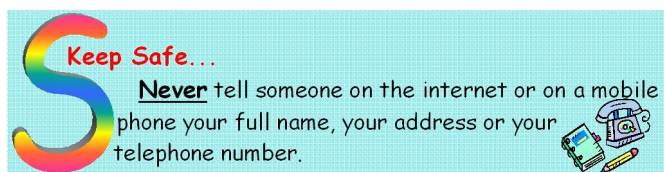
We encourage you to **not** send the following food to school with your children:

- ✗ Peanut butter sandwiches
- ✗ Nutella sandwiches and
- ✗ Biscuits/Bars that contain nuts

At school we teach children:

- Not to swap food
- To wash their hands before and after eating
- To tell the teacher if they are worried about particular foods
- To know which friends have an allergy

Online Safety – Be SMART



Wellbeing and Support Team

2020 has definitely not been an ordinary year. Its challenges have meant that we needed to focus even more on making sure that we were looking after our own and others' wellbeing.

This year, we launched the Sherwood Grange Wellbeing Hub website which is an online space for families and children to access resources to help support their wellbeing. These range from mindfulness exercises to work out videos to keep physically active!

There are new resources being uploaded regularly so we recommend checking it regularly.

We also have some wonderful new additions to our playground this year - our chill out bins!

In Term 3 this year, teachers spent every week learning about ways in which we can support students with their emotional education. In line with the PDHPE curriculum, students then learnt about different strategies they can use when they are feeling big emotions.

These chill out bins are out in our playground and are filled with different tools to help students regulate emotions, as well as visual reminders to help feel a sense of calm. These chill out spaces are visited often by students and are loved as a calm space in the playground for kids from K-6.

At the end of an incredible year Mental Health Month was a great way to tune in to our wellbeing and refresh our minds. During Week 1, 2 and 3 of term we focussed on Tuning into Ourselves - using mindfulness and self-awareness techniques, Tuning into Others - by considering how we listen to those around us and finally we Tuned into our School Community - learning ways to notice how our community impacts our wellbeing. Every year we take time to participate in Mental Health Month as wellbeing is a priority for our school community.

The Wellbeing Hub has been the meeting place for students participating in small groups during Term 4. Mrs Whale has run groups that support students in gaining confidence and encouraging positive friendships in addition to groups that equip students to cope with big feelings. Small group programs build on what students are learning in the classroom and complement the classroom program.

Mrs Whale has also been busy supporting students transitioning to new stages, from pre-school to Kindergarten, infants to primary and also our year 6 students transitioning to high school next year.

These sessions aim to encourage students to seek answers to the burning questions they have about what is coming next, we aim to give students a safe place to talk through their worries and provide them with the skills they will need for a smooth transition.

Remember to take some time for yourself this holiday season and tune into your wellbeing. We are looking forward to new and exciting things to do with wellbeing in 2021!

From the Wellbeing Team (Miss Thomson & Mrs Whale)



Sherwood Grange Wellbeing Hub

HOME ABOUT COMMUNITY KINDY 2021 RESOURCES MORE... Search

OCTOBER IS...MENTAL HEALTH MONTH.

Check out the resources below to see how you can participate in the celebrations this Mental Health Month. For more information about Mental Health Month click [here!](#)



What's happening at Sherwood





Great Aussie Bush Camp



